

## VULS COVID-19 Policy

July 1, 2020

### 1. Purpose

- a. As part of our commitment to ensuring a safe and respectful environment for all individuals who are involved with the VUL, this policy defines expectations for all members of the VUL Community related to COVID-19.
- b. This policy is a temporary addition to the VUL Code of Conduct. It will remain in force until amended or cancelled. Refer to the [VUL Policies page](#) for updates.
- c. See the Code of Conduct for definitions and procedures to administer this policy.

### 2. Responsibilities – Members of the VUL Community have a responsibility to do their part to ensure the health and safety of others by following all guidelines in the [VUL Return to Play Plan](#), including but not limited to:

- a. General
  - i. Adhere to all public health restrictions in your community.
- b. Safety Checks: All participants (with their parents if under 19) must review the following questions prior to each session. Participants must not attend if any answer is YES:
  - i. Health Check: Do you have fever, new or existing cough, or difficulty breathing?
  - ii. Travel Check: Have you or someone in your household traveled outside of Canada within the past 14 days?
  - iii. Contact Check: Have you been in contact with someone who has been diagnosed with COVID-19 or is suspected of having COVID-19?
- c. Hygiene
  - i. Wash hands before and immediately following sessions.
  - ii. Use hand sanitizer when entering the field area.
  - iii. Avoid touching your face throughout the session.
  - iv. Sneeze or cough into your elbow, clothing, or a tissue.
  - v. Do not share water bottles, towels, or other personal items.
- d. Distancing
  - i. Maintain physical distance of at least 2 meters from other participants and coaches at all times.
  - ii. Place personal items in designated areas as indicated by session leaders.
  - iii. Spectators may only view sessions from the perimeter of the field.
- e. Reporting and Outbreaks
  - i. If symptoms develop and persist (e.g. fever, cough, difficulty breathing, etc.):
    1. Inform the Program Organizer immediately.
    2. Monitor symptoms daily and do not return to activity for at least 10 days following the onset of symptoms.
  - ii. If an individual or someone in their household tests positive for COVID-19, inform the Program Organizer immediately.
  - iii. In the event of a suspected or confirmed case of COVID-19, the VUL will inform other participants in that program.
  - iv. In the event of an outbreak (2 or more confirmed cases), the VUL will inform the relevant health authorities.