

VULS COVID-19 Policy

Updated June 15, 2021

1. Purpose

- a. As part of our commitment to ensuring a safe and respectful environment for all individuals who are involved with the VUL, this policy defines expectations for all members of the VUL Community related to COVID-19.
- b. This policy is a temporary addition to the VUL Code of Conduct. It will remain in force until amended or cancelled. Refer to the [VUL Policies page](#) for updates.
- c. See the Code of Conduct for definitions and procedures to administer this policy.

2. Responsibilities – Members of the VUL Community have a responsibility to do their part to ensure the health and safety of others by following all guidelines in the [VUL Return to Play Plan](#), including but not limited to:

a. General

- i. Individuals should adhere to all public health restrictions in their community.
- ii. Individuals must adhere to VUL's current Return to Play plan and any program-specific guidelines that exceed the requirements in that plan.
- iii. Participants may be sent checklists for their program. Those checklists must be followed.

b. Safety Checks: All participants (with their parents if they are under 19) must review the following questions prior to each session. Participants may not attend a session if the answer to any question is YES:

- i. Health Check: Do you have COVID-19 like symptoms, including but not limited to fever, chills, cough or worsening chronic cough, shortness of breath, sore throat, runny nose, loss of smell/taste/appetite, headache, fatigue, diarrhea, nausea and vomiting, or muscle aches?
- ii. Travel Check: Have you or someone in your household traveled outside of Canada within the past 14 days?
- iii. Contact Check: Have you been in close contact with someone who is suspected of having COVID-19 or has been diagnosed with COVID-19?

* For a complete self-assessment, see the [BC COVID-19 Self-Check](#).

c. Hygiene

- i. Wash or sanitize hands before and following sessions.
- ii. Sneeze or cough into your elbow, clothing, or a tissue.
- iii. Do not share water bottles, towels, food, or other personal items.

d. Distancing

- i. Close physical proximity should be minimized as much as possible.
- ii. While individuals do not need to maintain physical distancing during play, minimizing physical contact is still advised when possible.
- iii. At least 2 meters distance should be maintained between participants when outside of the field of play.
- iv. Spectators may only view sessions from the perimeter of the field.

e. Reporting and Outbreaks

- i. If a participant develops symptoms (see 2.b) and they persist:
 1. Inform the Program Leader immediately.
 2. Monitor symptoms daily and do not return to activity for at least 10 days following the onset of symptoms.
- ii. If a participant, someone in their household, or a [close contact as defined by the CDC](#) tests positive for COVID-19, the participant must inform the Program Leader immediately.
- iii. In the event of a suspected or confirmed case of COVID-19, the VUL will inform other participants in the same cohort.
- iv. In the event of a confirmed case of COVID-19, the VUL will inform the relevant health authorities.