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| **­­** | **Exercise and Sport Psychology Lab**  **School of Kinesiology**  **210 War Memorial Gym**  **6081 University Boulevard**  **Vancouver, BC V6T 1Z1** |

**Body-related self-conscious emotions and sport participation among adolescent females**

**CHILD INFORMATION and ASSENT LETTER**

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| **Principal Investigator:** | **Co-Investigator:** | **Graduate Research Assistant:** |
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| School of Kinesiology | Faculty of Kinesiology | School of Kinesiology |
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**Background**: Past research has shown us that girls who play sport feel better about their bodies, themselves and their friends. However, girls do not participate in sport as often as boys, so we want to find ways to help girls stay involved in sport.

**The Study**: You are invited to participate in this research study looking at sport participation and body-related emotional experiences in adolescent girls. We are researchers at the University of British Columbia and we would like to hear from girls enrolled in organized sport to better understand girls’ participation in sport. If you would like to participate in this study, we will ask you to complete simple questionnaires about your perceptions of physical competence, body-related emotions, sport motivation, and sport enjoyment and commitment. The online questionnaires will take about 20 to 40 minutes to complete. Also, if you wish to withdraw from the study, you may do so at any time without having to give any reason for doing so. Withdrawing from the study will not result in any negative consequences for you.

To compensate you for your time, you will be entered in a random draw for one of 10 $25 Sport Chek gift cards. We will ask for your contact information on the parental consent form, which will only be used to contact you if you have won a gift card. No personal identifier information (e.g., your name) will be required on the questionnaire, so your answers are anonymous.

**Potential Benefits and Risks**: You may or may not directly benefit from participating in this study. However, we hope that the information from this study will improve future sport participation outcomes for girls. If there are any questions you don’t want to answer, you can skip them. If your emotions or thoughts regarding any questions in the questionnaires are concerning you or make you feel anxious or upset, we recommend speaking to your parents, or you may wish to contact Family Services of Greater Vancouver (Counselling Services: 604-874-2938).

**Confidentiality:** Your privacy is very important to us. We will not share your responses with your parents or your coach. No one will know how you answered the questions. We will not tell your parents or coaches whether you participated in the study or not. All your answers will be kept confidential, and only the researchers will have access to the information.

**Contact Information about the Study:** If you have any questions or want more information about the study please contact either Dr. Crocker or Ms. Pritchard using the information provided on the first page.

**Contact for Concerns about the Rights of Research Subjects:** If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact the Research Participant Complaint Line in the UBC Office of Research Ethics at 604-822-8598 or if long distance e-mail RSIL@ors.ubc.ca or call toll free 1-877-822-8598.

**DECLARATION OF CONSENT**

**Completion of the online questionnaires will indicate your assent to participate in this study.**