



## Core Values

### 1. SPIRITED

We are guided by the spirit of the game in everything we do.

### 2. GENDER-BALANCED

We encourage the full participation of men and women in our league and in the sport.

### 3. SUSTAINABLE

We act in a sustainable manner: in our use of fields and physical facilities, and the environmental footprint our activities carry; in our general operations, and our administrative, management and governance procedures; and in the culture of our sport, its community, its spirit and the sport itself.

### 4. INCLUSIVE

We make ultimate accessible to anyone who wants to take part.

## Vision Statements

1. We provide a level of service to our membership that is unmatched by any other amateur sports leagues.
2. We continuously seek to improve the sustainability of the league and the sport of ultimate in terms of: sport & spirit, operations, the environment, and culture & community.
3. We are respected by other amateur sports organizations for our dedication to our core values, for the quality of our programs and services, and for our excellent operational practices. Furthermore, we will act as a model and resource for other like organizations.