

Vancouver Ultimate League Society

COVID-19 Policy

Updated - January 19, 2022

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Introduction

Sport and physical activity play an important role in the physical, mental, and emotional well-being of individuals and families. At the same time, the health and safety of all participants and members of our community must remain the number one priority.

With guidance from viaSport and The Ministry of Tourism, Arts and Culture, BC Ultimate produced a "Return to Play" Plan for ultimate. Their version 3.4.0 was approved on September 29, 2021, and includes changes in line with Phase 3 (Progressively Loosen) of BC's [Return to Sport plan](#).

The VULS requests the support of members, participants, organizers, coaches, parents and teams in following these guidelines for the safe resumption of our sport. Since the inception of ultimate, our sport has proudly been self-officiated and has relied on Spirit of the Game to maximize the enjoyment and safety of everyone. These core principles have never been more important than at this time as we will require our community's help to safely return to play.

Vaccination is also a critical component for the VULS community to ensure the safety of its participants. The VULS will encourage its members to be as fully vaccinated as [recommended by the BC Ministry of Health](#). There is a minimum vaccination level required to participate in specific programs.

1. Purpose

a. VUL Commitment

- i. As part of our commitment to ensuring a safe and respectful environment for all individuals who are involved with the VUL, this policy defines expectations for the VUL Community related to COVID-19. Our community includes:
 1. Participants (playing and non-playing);
 2. Non-participants/spectators which includes parents; and
 3. Staff and Volunteers

2. General Return to Play Principles

a. Responsibilities

- i. Adhere to all public health restrictions in your community.
- ii. Individuals must adhere to any program-specific guidelines that exceed the requirements in this policy.
- iii. Participants may be sent checklists for their program. Those checklists must be followed.
- iv. Increased focus on personal hygiene. All participants, non-participants/spectators, staff and volunteers should practice:
 1. Enhanced hand-cleaning prior to and following activities.
 2. Should cover their mouth and nose with a tissue when they



- cough or sneeze, or sneeze/cough into their elbow.
- 3. No sharing of water bottles, towels, or other personal items. No communal food items.
- v. Close physical proximity should be minimized as much as possible at all times, including on the field of play.
- vi. If you are sick, stay at home.
- vii. Anyone who tests positive for COVID must not attend VUL activities.

3. Safety Checks

a. Responsibilities

- i. All participants (with a parent or guardian if they are under 19) must review the following questions prior to each session. Participants must not attend any VUL activities if the answer to any question is **YES**:
 - 1. *Health Check*: Do you have COVID-19 like symptoms, including but not limited to fever, chills, cough or worsening chronic cough, shortness of breath, sore throat, runny nose, loss of smell/taste/appetite, headache, fatigue, diarrhea, nausea and vomiting, or muscle aches?
 - 2. *Travel Check*: Have you or someone in your household traveled outside of Canada within the past 14 days?
 - 3. *Contact Check*: Have you been in [close contact as defined by the BCCDC](#) are not to attend sport activities.
- ii. For a complete self-assessment, see the [BC COVID-19 Self-Check](#).

4. Distancing

a. Responsibilities

- i. Close physical proximity should be minimized as much as possible.
- ii. While individuals do not need to maintain physical distancing during play, minimizing physical contact is still advised when possible.
- iii. At least 2 meters distance should be maintained between participants when outside of the field of play.
- iv. Non-participants/spectators may only view sessions from the perimeter of the field.

5. Adult Outdoor Program Requirements

a. Participants

- i. Participants must be registered members of the VUL.
- ii. In addition to item 3.a above, participants must complete the [BC COVID-19 Self-Assessment](#) prior to attending a program or activity.
- iii. All participants **MUST** be on a roster, non-rostered players or substitutes are not allowed to participate.
- iv. Proof of Vaccination is not required for any participants of outdoor sport activities.
- v. Anyone who tests positive for COVID must not attend any VUL



activities.

b. Distancing

- i. All participants must follow distancing guidelines set in item 4.a.
- ii. Participants are expected to maintain a 2 meter mark between the person with the disc and the nearest defender for all programs.
 1. If everyone on both teams are comfortable with a closer mark, this can be a captain clause.

6. Adult Indoor Program Requirements

a. Participants

- i. Participants must be registered members of the VUL.
- ii. In addition to item 3.a above, participants must complete the [BC COVID-19 Self-Assessment](#) prior to attending a program or activity.
- iii. All participants **MUST** be on a roster prior to checking in at the facility.
- iv. Non-rostered players or substitutes will **NOT** be allowed to enter the facility.
- v. Proof of full vaccination by way of the [BC Vaccine Card](#) or or other [government-issued Proof of Vaccine](#) is required for participants.
 1. Participants under the age of 22 participating in indoor adult sport activities will **be required to show proof of vaccination**.
 2. Proof must be shown each visit. There are no in-and-out privileges from the facility.
- vi. All participants must be wearing a mask at all times when not actively participating in indoor programs, including being on the sidelines, entering and exiting the building.
- vii. Participants will be restricted from socializing before and after games and will be encouraged to leave the facility immediately upon the completion of their game(s).
- viii. Any additional rules and regulations posted within the facility must be followed.

b. Distancing

- i. All participants must follow distancing guidelines set in item 4.a.
- ii. All participants are expected to maintain a 2 meter mark between the person with the disc and the nearest defender for all programs.
 1. Reducing space between the person with the disc and the nearest defender **cannot** be a captain clause.

7. Junior Outdoor Program Requirements

a. Participants

- i. Participants must be registered members of the VUL.
- ii. Proof of Vaccination is not required for participants of outdoor junior sport activities.
- iii. A junior program is defined as a program catering to players/participants who are [under 22 years of age \(U22\)](#).



- iv. In addition to item 3.a above, junior participants must complete the [BC COVID-19 Self-Assessment](#) prior to attending a program or activity.
 - 1. Junior participants under the age of 19 must complete the self assessment with a parent/guardian prior to each session.
 - v. Junior participants with symptoms or possible exposure to COVID-19 are not to attend sport activities and should inform their Program Leader immediately.
 - vi. Any who test positive for COVID are not to attend sport activities.
 - vii. Refrain from bringing personal equipment to practice, training session or competition. Clean equipment for programs will be provided. (Discs, cones etc.)
 - viii. Masks are optional for junior outdoor programs.
 - ix. No sharing of water bottles, towels, or other personal items. No communal food items.
- b. Distancing
- i. All participants must follow distancing guidelines set in item 4.a.

8. Junior Indoor Program Requirements

- a. Participants
- i. Participants must be registered members of the VUL.
 - ii. Proof of Vaccination is not required for participants of indoor junior sport activities.
 - iii. A junior program is defined as a program catering to players/participants who are [under 22 years of age \(U22\)](#).
 - iv. In addition to item 3.a above, junior participants must complete the [BC COVID-19 Self-Assessment](#) prior to attending a program or activity.
 - v. Junior participants under the age of 19 must complete the self assessment with a parent/guardian prior to each session.
 - vi. Junior participants with symptoms or possible exposure to COVID-19 are not to attend sport activities and should inform their Program Leader immediately.
 - vii. Any who test positive for COVID are not to attend sport activities.
 - viii. Refrain from bringing personal equipment to practice, training session or competition. Clean equipment for programs will be provided. (Discs, cones etc.)
 - ix. Any additional rules and regulations posted within the facility being used for indoor junior programs must be followed.
 - x. No sharing of water bottles, towels, or other personal items. No communal food items.
- b. Distancing
- i. All participants must follow distancing guidelines set in item 4.a.
 - ii. Any additional rules and regulations regarding distancing posted within the facility being used for indoor junior programs must be followed.



9. Junior (U22) Participants Playing in Indoor Adult Programs

a. Participants

- i. Participants must be registered members of the VUL.
- ii. A junior program is defined as a program catering to players/participants who are [under 22 years of age \(U22\)](#).
- iii. In addition to item 3.a above, junior participants must complete the [BC COVID-19 Self-Assessment](#) prior to attending a program or activity.
 1. Junior participants under the age of 19 must complete the self assessment with a parent/guardian prior to each session.
- iv. Junior participants with symptoms or possible exposure to COVID-19 are not to attend sport activities and should inform their Program Leader immediately.
- v. Any who test positive for COVID are not to attend sport activities.
- vi. Participants under the age of 22 participating in Indoor Adult sport activities will **be required to show Proof of Vaccination**.
- vii. Proof of Full Vaccination by way of the [BC Vaccine Card](#) or or other [government-issued Proof of Vaccine](#) is required for participants.
- viii. **For full requirements of junior participants playing in an Adult Indoor program see item 6.a.**

b. Distancing

- i. All participants must follow distancing guidelines set in item 4.a and 6.b.

10. Parents, Non-Participants & Spectators

a. Safety Checks

- i. In addition to item 3.a above, must complete the [BC COVID-19 Self-Assessment](#) prior to attending a program or activity.

b. Distance & Masks

- i. Required to wear a mask.
- ii. Practice a physical distance of at least 2 meters during all programs.
- iii. View indoor and outdoor programming from the facilities perimeter.

c. Outdoor Programs

- i. Are required to stay off the field of play and sidelines.
- ii. Practice a physical distance of at least 2 meters during all programs.
- iii. View outdoor programming from the facilities perimeter.

d. Indoor Programs

- i. Must be registered members of the VUL to allow for contact tracing.
 1. Proof of VUL membership must be shown to staff before entry to indoor facilities
 2. Proof can be shown by:
 - a. Logging into their MyVUL Profile by cell phone.
 - b. Provide VUL staff the Player Info section showing:
 - i. Waiver for the current year has been completed.
 - ii. Consent for the current year has been completed .



- ii. Must be fully vaccinated and be prepared to show proof of vaccination by way of the [BC Vaccine Card](#) or or other [government-issued Proof of Vaccine](#) at the point of entry.
 - 1. Proof must be shown each visit. There are no in-and-out privileges from the facility.
- iii. Are required to stay off the field of play and sidelines.
- iv. Practice a physical distance of at least 2 meters during all programs.
- v. View indoor programming from the facilities perimeter.

11. Staff & Volunteers of VULS

a. Those authorized to act on behalf of the VUL

- | | |
|----------------------|------------------|
| i. Staff | v. Coaches |
| ii. Volunteers | vi. Trainers |
| iii. Program Leaders | vii. Supervisors |
| iv. Instructors | viii. Officials |

b. Safety Checks

- i. In addition to item 3.a above, must complete the [BC COVID-19 Self-Assessment](#) prior to attending a program or activity.
- ii. Must wear a mask while working or attending any programs/activities.
- iii. Staff or volunteers with symptoms or possible exposure to COVID-19 are not to attend sport activities and should inform their supervisor immediately.

c. Proof of Vaccination

- i. As a means of reducing the risk to members of the VUL community, all staff and volunteers are required to:
 - 1. Provide proof of vaccination by way of the [BC Vaccine Card](#) or or other [government-issued Proof of Vaccine](#) when working or attending indoor programs/activities.
- ii. Staff and volunteers in our youth programs are required to:
 - 1. Provide proof of vaccination by way of the [BC Vaccine Card](#) or or other [government-issued Proof of Vaccine](#) when working or attending indoor and outdoor events.

12. Potential Exposure Reporting

a. Reporting & Outbreaks

- i. If a participant develops symptoms (see 2.b.i):
 - 1. Inform the Program Leader immediately.
 - 2. Monitor symptoms daily and do not return to activity for at least 10 days following the onset of symptoms.
- ii. If a participant, someone in their household or [a close contact defined by the BCCDC](#) tests positive for COVID-19:
 - 1. Inform the Program Leader immediately
- iii. In the event of a suspected or confirmed case of COVID-19, the VUL will inform other participants in the same cohort.

- iv. In the event of a confirmed case of COVID-19, the VUL will inform the relevant health authorities.
- b. Program Contacts for Exposure Reporting
 - i. Adult Programs - Tristan Brown - tristan.brown@vul.bc.ca
 - ii. Youth Programs - William Arlotta - william.arlotta@vul.bc.ca
 - iii. Social Programs - Shanna Rice - shanna.rice@vul.bc.ca

13. Vaccine Status Information

- a. Recording & Retention of Information
 - i. VUL will have staff on site with a VUL Tablet that will scan all Vaccine Passports and record the attendance of all participants, staff, volunteers, parents and non-participants/spectators.
 - ii. Vaccine status will be verified in accordance with the Provincial Health Order ([link here](#)) and are recorded on attendance sheets with a checkmark only.
 - iii. Attendance sheets are retained by Program Coordinators throughout the duration of the program and are shredded one month after the conclusion of the program.
- b. Privacy
 - i. The BC Vaccine Card Verifier app does not store any data.
 - ii. The QR code contains the minimum information required to verify a vaccination record.
 - iii. The vaccine card system is not connected to any other health records.
 - iv. For full information regarding the BC Vaccine Card Verifier app see the [Government of BC website](#).

Resources

- [BC Ultimate's Return to Play Plans](#)
- [BC's Restart Plan](#)
- [viaSport Return to Sport Information](#)
- [viaSport Restart Plan 2.0](#)
- [Travel Restrictions in BC](#)
- [Gathering and Events Order](#)
- [BC Center for Disease Control](#)
- [Province of BC self-assessment tool for COVID-19](#)
- [Mask Mandate Order](#)
- [WorkSafe BC COVID-19 guidance](#)

- [BCCDC Physical Distancing Poster](#)
- [BCCDC Handwashing Poster](#)
- [Guide for Occupational First Aid Attendants](#)
- [Order in Council 459 - COVID 19 \(Limits on Actions and Proceedings\) Regulation](#)
- [BC's Proof of Vaccination Information for Businesses](#)